



aroma  soothz
product catalogue



welcome

How do you explain the feeling you get when you prepare a bubble bath at the end of a long day? The anticipation of easing into the warm water. Washing out the day's madness with the aromatic gentle bubbles enveloping your body in rainbow lightness. From the very beginning of our lives, bathing and pampering have been the most cherished of all our daily rituals. A time when you feel very special and so cared for.

With our Aroma Soothz range we are inspired to capture some of those elusive early emotions. Our products will transport you to a calmer place. That sacred place where both your body and your mind are healed. Where the benefits of essential oils will envelop and nourish your skin and your senses leaving you feeling pampered and loved.

Every Aroma Soothz product has been sourced and joyfully crafted by our all-women team based in sunny Durban, South Africa. You are assured that only materials of the finest quality are used. We invite you to experience the luxury of treating yourself - you deserve it.

We hope you will enjoy discovering the pleasures of our Aroma Soothz products and share the experience with all the special people in your life.

Aromatherapy is a gift to humanity. Aroma Soothz is a gift to you.

Much Love,

Debby & Cindy





soothing handz

Heat to release the natural healing power and earthy fragrance of natural wheat. **Soothes and relieves aching joints, repairs and hydrates dry, tired skin.** Soothing Handz hot compress, used in conjunction with Aroma Cream, is extremely effective for relieving pain, reducing inflammation of joints and improving mobility, while at the same time moisturising dry, tired hands.



HP3005
pebble



HL3002
lavender



HG3003
green



HP3001
pink

Soothing Handz are available in the following essential oil variants:

- Lavender
- Rosewood, Rose Geranium and Clary Sage
- Lemongrass and Rosemary
- Bergamot, Geranium, Clary Sage and Lemon

Weight of pack 0.64kg, pack dimensions 172 x 47 x 220mm





soothing sockz

	SP4001 pink		SP4005 pebble
	SL4002 lavender		SPL4005 large pebble
	SG4003 green		SBL4004 large blue

Soothing Sockz are available in the following essential oil variants:

- Lavender
- Rosewood, Rose Geranium and Clary Sage
- Lemongrass and Rosemary
- Bergamot, Geranium, Clary Sage and Lemon
- Grapefruit and Nerali
- Coffee and Peppermint

Weight of pack 0.92kg, weight of large pack 1.02kg,
pack dimensions 210 x 55 x 260mm

Soothes and relieves tired, aching and cold feet. Used to help improve circulation and relieve arthritic pain. Put your feet up, relax and let the warmth and aroma of Soothing Sockz relieve your tired, aching, cold feet. These soft Soothing Sockz will help you unwind after a long hard day on your feet.



soothing tummyz

TP2005
pebble



TB2004
blue



Soothing Tummyz are available in the following essential oil variants:

- Bergamot, Geranium, Clary Sage and Lemon
- Coffee and Peppermint

Weight of pack 1.08kg,
pack dimensions 147 x 50 x 267mm

Heat to release the natural healing power and earthy fragrance of pure essential oils. **Soothes and relieves menstrual discomfort and muscular aches and pains.** Lie back and let the warmth and aroma of Soothing Tummyz relieve discomfort associated with menstrual problems and general tummy aches and pains. Soothing Tummyz is designed to soothe away muscular aches and stimulate the digestive system.



Soothing Sportz are available in the following essential oil variants:

- Lavender
- Rosewood, Rose Geranium and Clary Sage
- Coffee and Peppermint
- Bergamot, Geranium, Clary Sage and Lemon

Weight of pack 0.92kg,
pack dimensions 147 x 50 x 267mm

Heat or cool to release the natural healing power and earthy fragrance of pure essential oils. **Soothes and relieves sports aches and pains for backs, legs and joints.** Sit back and relax (after a gruelling training session...) and let the warmth or coolness of Soothing Sportz relieve muscular discomfort associated with sports aches and pains in the back and legs. Soothing Sportz is specifically designed to mould to the contours of your back and legs.

SPP8001
pink



SPL8002
lavender



SPP8005
pebble



SPB8004
blue



soothing sportz





soothing neckz

NP1001
pink



NG1003
green



NL1002
lavender

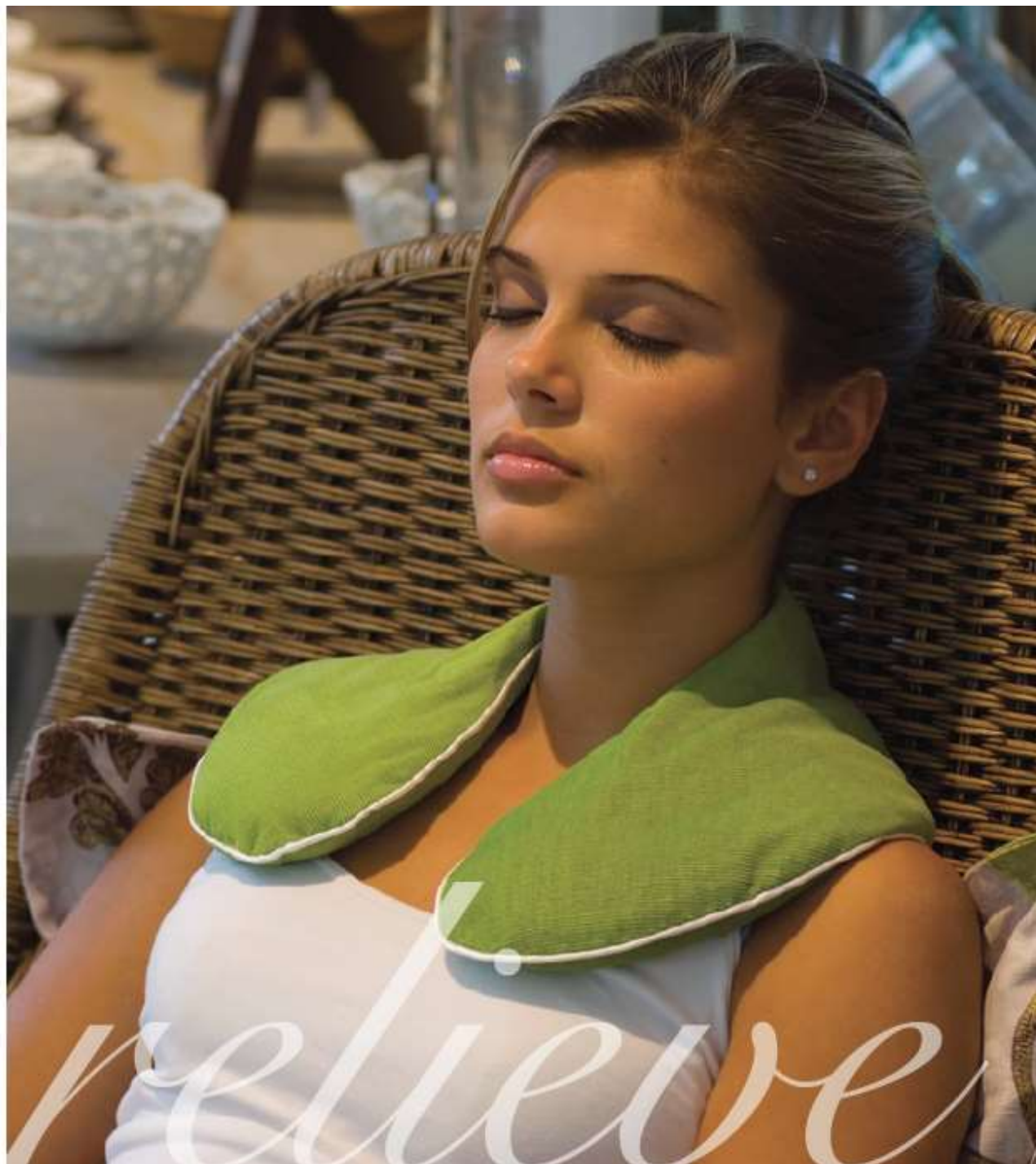


Soothing Neckz are available in the following essential oil variants:

- Lavender
- Rosewood, Rose Geranium and Clary Sage
- Lemongrass and Rosemary

Weight of pack 1.02kg,
pack dimensions 147 x 50 x 267mm

Heat to release the natural healing power and earthy fragrance of pure essential oils. **Soothes and relieves stiff, aching necks and shoulders.** Used to help alleviate whiplash, headaches, anxiety and tension. Sit back, relax and let the warmth and aroma of Soothing Neckz relieve your stiff, aching shoulders and neck. Soothing Neckz is designed to mould to the contours of your neck, thereby targeting stiffness and sore neck muscles. The individual wheat pockets ensure an even distribution of heat.





soothing eyez

EG5003
green



EG5003
blue



EG5003
violet



Weight of pack 0.22kg,
pack dimensions 100 x 20 x 230mm
Please note that fabric colours may vary.

Can be used chilled, warmed or at room temperature to soothe and relieve puffy eyes and headaches. **Alleviates headaches, migraines & puffy eyes.** Soothing Eyez fits snugly around facial curves and the weight of the eye pillow gently presses on acupoints in the eye area. This helps to relieve nervous tension, alleviate migraines or headaches, reduce swelling and assist with insomnia.





soothing foot bathz

Rose



Lavender



Jasmine



Available in Rose Duo packs for nourishing, moisturising and deodorising tired, aching feet.

Weight of pack (12 sachets) 0.66kg.
pack dimensions 185 x 80 x 115mm.

A decadent warming experience that stimulates your chi flow. Once dissolved in hot water, this unique combination of Rose Essential Oil and high molecular polymers forms a caviar gel substance that targets the acupoints in your feet to stimulate, rejuvenate and revitalise tired feet and minds. Added benefits include improvement in skin texture, the elimination of foot odours and itchiness as well as improved blood circulation.





blissful bath meltz

BB9001



Each delectable box contains:

- 2 x Lavender and Geranium Bath Meltz
- 2 x Rosemary & Lemongrass Bath Meltz
- 2 x Rose Bath Meltz

Weight of pack 0.15kg,
pack dimensions 175 x 175 x 175mm

Relaxes, revitalises and renews tired bodies and minds. **Melts to release a sensual, aromatic treat for luxurious bathing pleasure.** Fill a bath tub with water, add a Blissful Bath Meltz and slowly slide into the bath. Breathe deeply and relax while you enjoy a decadent bathing experience.





aroma oilz



OP001
rose combo



OP005
bergamot combo



OL002
lavender combo



CP004
coffee & peppermint combo



OG003
rosemary combo

Our Combo Oilz are 100% (distilled) pure essential oils and can be used in the following manner:

- Add 3-5 drops to a burner or diffuser
- Add 3-5 drops to aqueous cream and rub on feet or hands
- Add 3-5 drops to a carrier oil when used for massaging
- Add 3-5 drops to your bath water for a relaxing or uplifting bathing experience.

Weight of pack 0.04kg, pack volume 10ml

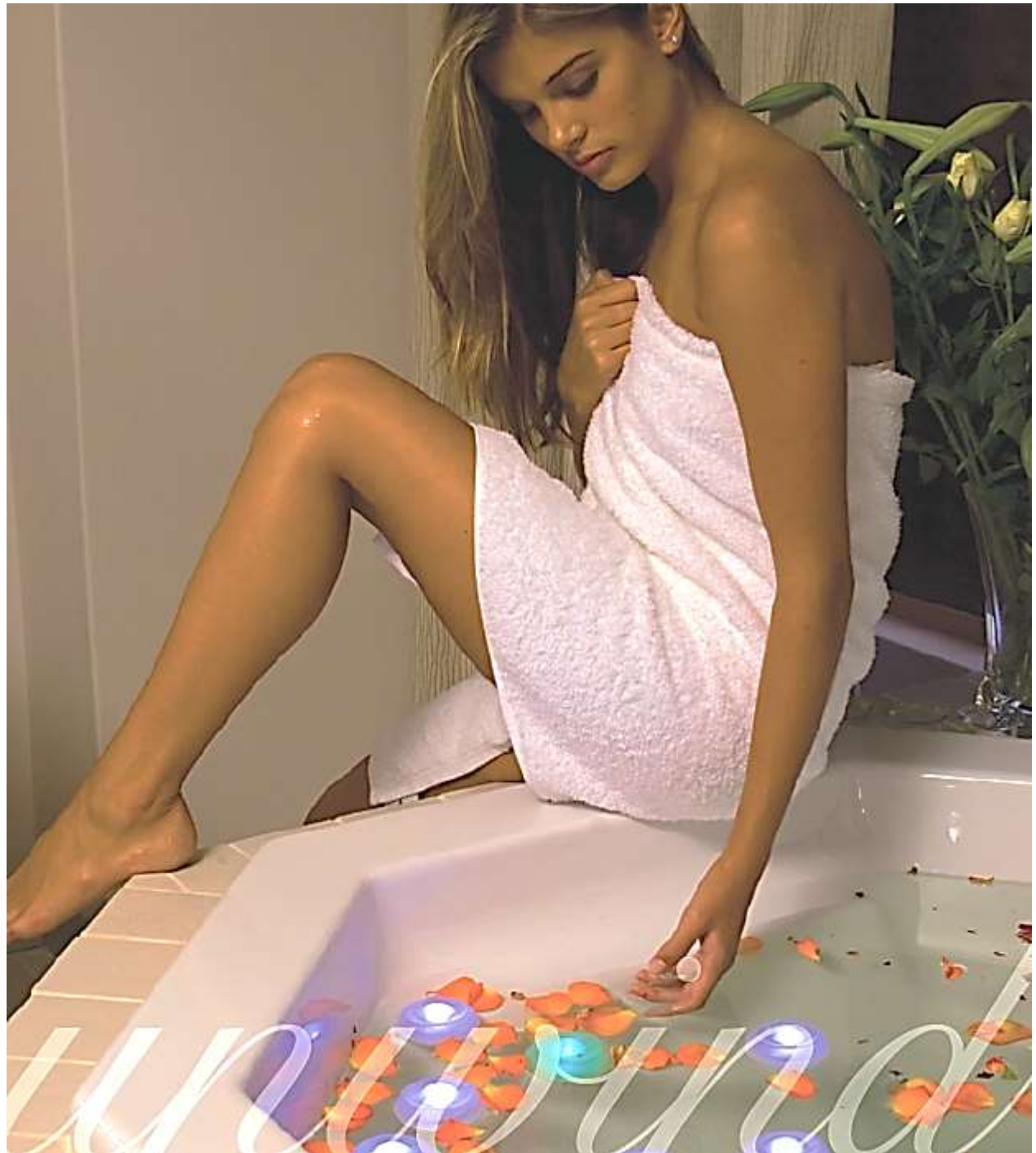


foot scrubz

with essential oil

lavender and eucalyptus

Polish your feet with natural pumice suspended in foaming eucalyptus and lavender gel. Luxurious Lavender and Pumice Foot Scrub.



soothing spritz

vanilla

vanilla

Soften the mood with this delicately scented room spray.



soothing candlez

Vanilla and Cinnamon



Lavender & Chamomile



Orange, Mandarin & Grapefruit



Set your mood on fire with a sensual aromatherapy massage candles. Use the melted oil for a luxurious massage.





soothing slipperz



Soothe tired feet in summer or winter. Infused with relaxing lavender to calm and relax.



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